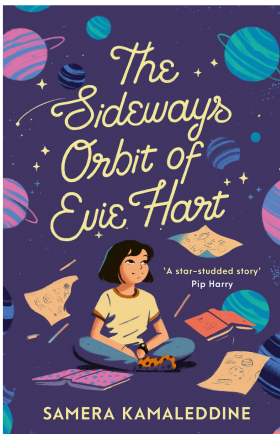


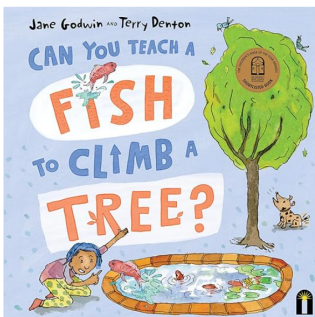
Neurodiversity Book List



THE SIDEWAYS ORBIT OF EVIE HART by Samera Kamaledine
2024 CBCA Book Week shortlist

‘Evie Hart likes rules. A lot. But as she embarks on her very last year of primary school, it feels like all the rules around her are being broken. When Evie's class starts learning about the Earth's place in the universe, it makes Evie think about her own place in the world and where she belongs. Which has her more worried than ever.’

This book explores themes of anxiety, rules and transitions.



CAN YOU TEACH A FISH TO CLIMB A TREE? By Jane Godwin
2024 CBCA Book Week shortlist

‘Can you teach a fish to climb a tree? And if it couldn't, would you assume it's not smart enough to? Fish aren't very good at climbing trees, but they're really good at swimming, and making shapes in the water. And hippos can't walk a tightrope, but they can run and leap underwater.’

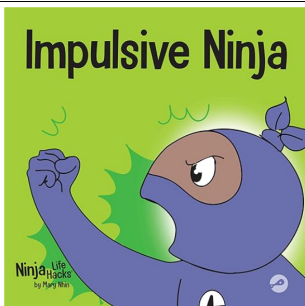
This book investigates diversity, acceptance, curiosity and uniqueness – strengths based.



THAT BIRD HAS ARMS by Kate and Jol Temple
2024 CBCA Book Week shortlist

‘Roy is an ordinary bird in every way. He is not the biggest, or the smallest. His squawk is not the loudest or the quietest. He even follows the same football team as everyone else. He was very normal except for one thing – he has ARMS. Absolutely nobody knows – and Roy would like to keep it that way.’

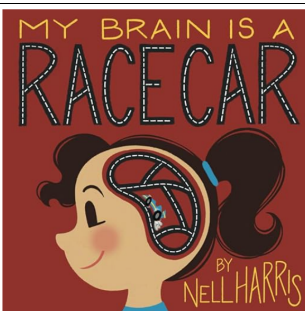
This is a story about being different and being proud of your own uniqueness.



IMPULSIVE NINJA by Mary Nhin

‘Children without impulse control act or talk before they think, often unable to control their initial response to a situation. The ability to self-regulate is absent and they don't pause to think about future consequences.’

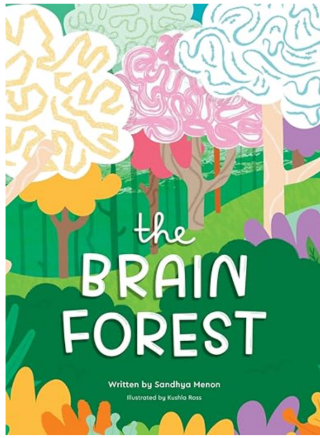
This book explores impulse control and may be useful for children with ADHD and ASD.



MY BRAIN IS A RACECAR by Nell Harris

‘Brains are just like cars, they all drive round and round a track, picking up information and then bringing it back. Some brains are Race Cars that like to drive extra fast.’

This text talks about ‘burn out’, feelings and emotions, and introduces ways to regulate using interoception type activities

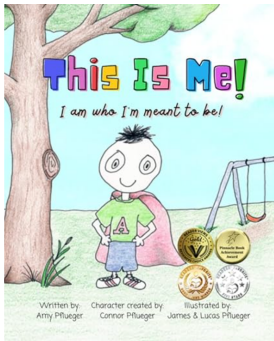


THE BRAIN FOREST by Sandhya Menon

'Come explore The Brain Forest, which follows a mother and her son down the path of understanding the different ways brains can be. Brains that go fast, brains that go slow, brains that do what they're told, brains that say NO!'

This book mentions many different brain types including

- Neurotypical
- Autism
- ADHD
- Dyslexia
- Intellectual Disability
- Giftedness



THIS IS ME by Amy Pflueger

'Able is a boy who has autism, inviting you to visit his unique world. This book explains autism in a special way, to help people understand more about autism, to embrace differences and to raise acceptance.'

This book shows the world through the eyes of Able. It details a positive, strength-based understanding of Autism and neurodivergence.