# FREQUENTLY ASKED QUESTIONS Pedal Prix @ Woodend

#### 1. What is a Pedal Prix vehicle?

A Pedal Prix bike is a mechanically-sound three-wheeler bike, where the rider in the bike pedals the bike forward from a lying down position. At Woodend, we are all about endurance and competing against oneself to improve, and contributing to the team.

### 2. How many races are there in the year?

Series Race dates for 2019 have been released. They are:

Rd 1 Mount Gambier 30 March

Rd 2 Loxton 5 May

Rd 3 Adelaide 15 & 16 June

Rd 4 Adelaide 27 & 28 July

Rd 5 Busselton 18 August

Rd 6 Murray Bridge 21 - 22 September

Please note we only compete in round 3, 4 and 6. And the dates bolded which reflect a Sunday race. Round 3 and Round 4 start at 10am and race for 6 hours. Murray Bridge is the highlight of the races and is a 24 hour race which starts at 12 noon on the 21<sup>st</sup> until 12 noon on the 22<sup>nd</sup> September

## 3. What is the cost for my child to do Pedal Prix?

To compete in the races is a cost to the team. For a child to race, the school charges \$50 per rider. On top of this price is \$15 entry to everyone who attends Murray Bridge as a spectator, marshal, and/or team manager. There is a \$15 fee for cars on entry to Murray Bridge. And then we provide the option for a set amount to pay for food to cover the entire weekend, Breakfast, lunch, dinner and supper and breakfast on Sunday morning with coffee and tea, this varies dependant on whether we share with Seaview High School.

## 4. How old does my child have to be to join the Pedal Prix team?

Children have to be in year 5, we gain permission at the discretion of management of Pedal Prix to have 4 x Year 5 students. We can take up to 20 in a team with them being mainly Year 6/7. Year 5 students need to comply with a few aspects - safety, height etc. This will be discussed more on an individual basis. If we get a high level of interest, we will discuss this with the school and the steps we will take.

# 5. Is there any training and if so, how often?

Training has for many years been optional, however, it has come to my awareness that should we train more often, the more effective we will be on the race track. Therefore, we intend to attend the training sessions at Victoria Park. Training dates will be released closer to the time, these are generally in the afternoon on a Sunday. There may be some trainings held at school.

## 6. Does my child have to be a certain height or size?

Please see Q. 4.

## 7. What is the time commitment for me, as a parent/caregiver?

This is NOT a drop-and-go sport. An adult or caregiver is required to be present at all training sessions and at the races. Two adults together are recommended to be putting children in bikes, buckling seat belts and securing feet pedals. This is at all practises and at race days.

For each race, we put forward a team for availability. We also list two adult Marshals - these are volunteer roles to Marshal for a scheduled period, 2-4 hours during races. More information on this and the FREE test to become a Marshall can be found on the website.

#### 8. Is there a uniform or outfit needed?

The school provides a uniform for students to wear, and the child wears navy coloured shorts (with trainers are recommended). Safety goggles - these are provided by team supplies. You are required to provide your own personal helmet.