

Canberra Road Trip 2015

During the last week of term 3 most of the year 6, 7s went on a school trip to Canberra. We got there by bus and went there to learn about Australia's history and democracy.

I was looking forward to the trip, especially the AIS and the National Zoo and Aquarium. I wasn't too keen for the bus trip there and back, but they actually weren't that bad. Overall I was really happy with how the trip went.

On Thursday room 17 and 25 went to the AIS (Australian Institute of Sport). When we arrived our tour guide, Andrew, gave us some passport type of thing so we could start our tour. First he took us to the gymnastics gymnasium. This was my favourite part of the tour because Australian



Olympian gymnasts have trained there and because I am a gymnast it was really cool. It was a shame that we didn't get to see any of the gymnasts training. Next we went to the strength training gym. We were lucky enough to see quite a few people training. There was also a Paralympian training. Afterwards we went and looked at the

volleyball courts. Andrew told us some information like he did at the other stations. Part of this information was that the volleyball courts were used for volleyball in the 2000 Sydney Olympics. While we were standing in the stands looking down onto the volleyball courts we saw Mr Hehner getting everything ready for us to play a few games of volleyball later on. Next we went to the swimming centre. The swimming pools were really long. There was also like a tunnel thing underground (not in the water) so that the coaches could watch the swimmers under the water. This special tunnel makes it the most unique swimming pool in the world. After this we went to the games room. There was all sorts of stuff in the games room such as shooting soccer/footy goals, chin-up hold, flexibility test, how high can you jump tester thing and many more. Once we were done in the games room we went back to the volleyball courts, this time to play on them. My team was called the Volley 7s. Each team had 3 games each. Our team only won 1 game but we all had fun. Afterwards we went to the souvenir shop. I bought a drink bottle and 3 road signs, one was gymnastics, another one was netball and the last one was soccer for my brother. I really loved the opportunity to be able to go to the AIS.

After the AIS we went to the National Zoo and Aquarium. First of all we were

taken on a tour of the zoo. We saw animals such as fairy penguins, white



lions, an emu, a tiger, alpacas, deer, red pandas, monkeys and many more. We got to feed the deer and alpacas special pellets. We were also going to feed the white lions but they weren't interested so we went and fed the tiger instead. I was first to feed him so that was pretty cool. We had to get the tongs and pick up a chunk of meat with them and stick it through one of the gaps in the cage and then he would eat



it. It was a great experience. After everyone had fed the tiger our tour guide took us to the aquarium part of the zoo. I was also first to hold one of the snakes. It wasn't a new experience for me because I have 2 snakes at home but it's still pretty cool. After

everyone had held the snake we got into groups of 4 and went off on our own about the zoo. I was in a group with April, Jade and Maddie. First of all we walked around the aquarium and



looked at all of the reptiles and fish and then we went we went to the touch pool in the aquarium. We touched the starfish and they felt really weird but cool. Afterwards we walked around the zoo looking at all the animals. When our time was up we went to the souvenir shop. I bought a keyring for me and a colouring in book for my brother. The zoo was great fun.

I loved every moment of Canberra. My favourite parts of the trip were the National Zoo and Aquarium and the AIS. When I got home from Canberra I got ready I got ready for 3 hours of gymnastics training. When I got home from gym I was really tired. I was really happy with how the trip went.

By Zoe Szewczuk